



Get your career on course

A guide to IoS education and training in the North East of England



Welcome...

...to the ASA North East Region's simple guide to becoming a swimming teacher or a coach for any one of the disciplines. The ASA North East Region actively aims to recruit, train, support, retain and recognise our coaching and teaching workforce.

This guide aims to take you through the different options to enable you to achieve your goals.

Accessing the training you need is easy and there are even options for you to study from home.

Visiting www.theiosonline.com will provide an overview to the training that is available to you, along with simple payment methods, tailored resources relevant to the different stages of training and course details for all of the planned training.





Where are you starting?

Beginning a new career?

Teaching swimming is a challenging but rewarding career - many pools regularly recruit for new staff. The range of pay depends on the level of qualification, but full teachers can expect to receive anything between £10 and £15 per hour. Swimming teaching is a flexible career, visit www.theiosonline.com to get started on your new chosen path.

Already on the teaching or coaching ladder?

Developing your skills and moving up the qualification ladder is an important part of being a teacher or coach. Moving up the ladder will not only make you a better teacher or coach, but it will also make your work more rewarding. Level 2 teachers earn more than support teachers and the opportunity to mentor your support teachers provides further skill and career development.



Try something different?

The Institute of Swimming (IOS) not only caters for swimming, so if you are interested in coaching a discipline, for example, Water Polo, Synchronised Swimming and Diving qualifications are also available at Level 1 and Level 2. Visit www.theiosonline.com for more details.

The IOS also offers a comprehensive programme of online training so you can discover new information and learn new skills from the comfort of your own home and at a time that suits your schedule. Seminars currently available include:

- An introduction to Disability Swimming
- An introduction to Finance and Budgeting
- NSPCC Creating a Culture of Safety

Visit www.theiosonline.com and select the “All Training” tab for more information.

Club Development Training

The swim21 club programme is a sign of a quality organisation, where clubs have well trained, motivated and valued volunteers. The IOS runs a number of relevant CPD's that can be counted towards the swim21 process, these include:

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- IOS Working with children with behavioural difficulties
 - IOS Integrating swimmers with a physical and sensory impairment into mainstream swimming lessons
 - IOS Integrating disabled swimmers into a mainstream coaching environment

If you are interested in any of these CPD's or any other CPD's that the IOS run, please register your interest with the Regional office by telephoning 01325 481260.

Regional Funding

Members of ASA North East Regional affiliated clubs may be eligible for North East Grant Aid for Level 1 and Level 2 qualifications although eligibility for the funding is dependent on the discipline and level of club. Grant aid forms must be submitted online via the regional website and before the course starts. From time to time additional funding opportunities do become available to volunteers, so keep your eye on the regional website for further information – www.asaner.org.uk/swim.

Funding opportunities will also be advertised on our Facebook and Twitter accounts so please search for us and “like” us, to access up to date information.





What do learners say about our courses?

"I found the whole experience both rewarding and daunting in equal measures. My goals have changed since attending these courses.

I was aiming to return to IT but now I've moved from machines to people - just as complex but a whole lot more rewarding!"

Mark Smith, a swimming teacher who successfully re-trained after a career in IT:



"I learned so much that will affect my coaching, especially about the technical aspects of dives and building progressions. Learning from such an experienced tutor and getting ideas and knowledge from other candidates was really beneficial to me".

Kate O'Neill, diving coach



"I loved how we learnt to understand the way children worked, how we could teach them without them knowing about it - that was brilliant. Whilst my main goal was to help myself through university I've found the work is so rewarding that I'll probably continue when I go back home".

Becky Marshall, part-time swimming teacher



Qualification Title	Start Date	Venue
UKCC Level 2 Teaching Aquatics	1st October 2011	Grimsby Swimming Pool, NE Lincolnshire
UKCC Level 1 Teaching Aquatics	2nd October 2011	Brighouse Leisure Centre, Calderdale
UKCC Level 2 Coaching Diving	8th October 2011	Ponds Forge ISC, Sheffield
CPD – NPTS: Competitive Swimming	11th October 2011	Ponteland Leisure Centre
UKCC Level 2 Teaching Aquatics	12th October 2011	Rothwell Sports Centre, Leeds
UKCC Level 1 Coaching Diving – specific units only	14th October 2011	Sunderland Aquatics Centre
UKCC Level 2 Teaching Aquatics	15th October 2011	Filey School
UKCC Level 2 Teaching Aquatics	15th October 2011	Rainbow Leisure Centre
CPD – NPTS: AquaFun	16th October 2011	Freeman's Quay Leisure Centre, Durham
UKCC Level 2 Teaching Aquatics	22nd October 2011	Springs Leisure Centre, Sheffield
UKCC Level 1 Coaching Swimming – specific units only	23rd October 2011	Energise Pool, York
UKCC Level 1 Coaching Swimming	24th October 2011	The Neptune Centre
UKCC Level 1 Teaching Aquatics	24th October 2011	Ponds Forge ISC, Sheffield
UKCC Level 1 Teaching Aquatics	24th October 2011	Benfield School, Newcastle
CPD – A Games led approach to Learn to Swim	28th October 2011	Ashington Leisure Centre
UKCC Level 2 Coaching Swimming – specific units only	29th October 2011	Filey School

Qualification Title	Start Date	Venue
UKCC Level 1 Teaching Aquatics	31st October 2011	Catterick Leisure Centre
UKCC Level 1 Teaching Aquatics	5th November 2011	Cleethorpes Leisure Centre
UKCC Level 2 Teaching Aquatics	5th November 2011	Elswick Pool
UKCC Level 2 Teaching Aquatics	7th November 2011	Newton Aycliffe Leisure Centre, Durham
UKCC Level 1 Coaching Swimming – specific units only	7th November 2011	Ashington Leisure Centre
UKCC Level 2 Teaching Aquatics	8th November 2011	Dearne Valley Leisure Centre, Doncaster
UKCC Level 1 Coaching Swimming	13th November 2011	Brighouse Pool and Fitness Centre Calderdale
UKCC Level 2 Coaching Swimming – specific units only	19th November 2011	The Neptune Centre,
UKCC Level 1 Teaching Aquatics	21st November 2011	Sunderland Aquatics Centre
CPD – Teaching Turns	6th December 2011	Ponteland Leisure Centre
UKCC Level 1 Teaching Aquatics	18th December 2011	Energise Pool, York
UKCC Level 1 Teaching Aquatics	10th January 2012	Ashington Leisure Centre
UKCC Level 2 Teaching Aquatics	6th February 2012	Sunderland Aquatic Centre
UKCC Level 1 Teaching Aquatics	13th February 2012	Springs Leisure Centre, Sheffield
UKCC Level 1 Teaching Aquatics	13th February 2012	Rainbow Leisure Centre
UKCC Level 1 Teaching Aquatics	13th February 2012	Rotherham Leisure Complex

Qualification Title	Start Date	Venue
CPD – Introduction to Butterfly	13th February 2012	Concordia Leisure Centre
UKCC Level 1 Teaching Aquatics	13th February 2012	Benfield School Pool, Newcastle
CPD – Introduction to Breaststroke	15th February 2012	Blyth Sports Centre
CPD – Introduction to Front Crawl	15th February 2012	Blyth Sports Centre
CPD – NPTS: Mini Polo	26th February 2012	Newton Aycliffe Leisure Centre
CPD – Introduction to Back Crawl	27th February 2012	Concordia Leisure Centre
UKCC Level 1 Teaching Aquatics	5th March 2012	Newton Aycliffe Leisure Centre
UKCC Level 2 Teaching Aquatics	24th March 2012	Grimsby Swimming Pool

For more information on these qualifications or to book your place please visit www.theiosonline.com. New qualifications are planned on a regular basis so keep your eye on www.theiosonline.com for additional options.

Licensing

Are you licensed?

The ASA licensing scheme provides a way for teachers and coaches to prove to employers and clubs that they hold an ASA qualification and are committed to ongoing continuous professional development.

Obtaining a license is easy to do and free of charge if you are an ASA member or an IOS member. For further information please visit www.swimming.org/asa/teaching-and-coaching.



About IoS



Supporting the aquatic workforce

The IoS are the experts in providing leisure professionals with education and training giving them challenging, rewarding & fun careers for life.

Join the crowd! In 2010 almost 7,000 people attended courses run by the IoS, with a similar figure honing their skills at one of our continuing professional development (CPD) seminars.

Supporting leisure employers

Make sure your organisation and workforce benefit from the professional expertise of the IoS. Our strength and reliability as one of the leisure industry's biggest and best training providers, means we are ideally positioned to provide a tailored, proactive education and training solution for your business.

Based on your unique business needs, we provide a single solution which might include:

- A dedicated project manager to work with your HR team
 - Regional delivery with a specific geographic focus
 - Help in establishing a training programme with a series of courses and seminars

How to book?

We provide you with everything you need at: www.theiosonline.com.

Register

Click on the 'My IoS' image and follow the instructions to create your account on the site now. You need to do this to book online and to receive recommendations from us based on your individual needs. Once registered you will receive your password via email.

Find your course

- Click on the 'find training' section at the top. You can choose to search by role, level, date or area (just input your postcode).
- Click on 'search' and you will see a list of course options. From the results, click on the course name to view further details.
- To book your place, click on the shopping basket icon to add to your basket.
- Simply log in with your email address and password and proceed to checkout. You will be asked to enter your card payment details and receive a confirmation email - it's as easy as that!

For a detailed description of how to book, just click '**Help**' at the bottom of any page and download the user guide.



Contacting us:
If you have any enquiry regarding the work of the ASA North East Region,
please contact:

ASA North East Region, 13 Horsemarket, Darlington DL1 5PW

Tel: 01325 481260

Email: swimnortheast@swimming.org

Website: www.swimnortheast.org.uk

