

NORTH EAST COURSE FINDER

Generic courses

OCTOBER 2010 - MARCH 2011





0191 3018416

www.countydurhamsport.com



01670 785020

northumberlandsport@northumberland.gov.uk

www.northumberlandsport.co.uk



01642 342287

c.woods@tees.ac.uk

www.teesvalleysport.co.uk



Tyne Wear Sport

0191 4972320

info@tynewearsport.org

www.tynewearsport.org

INTRODUCTION

WELCOME TO THE NORTH EAST COURSE FINDER DIRECTORY. HERE YOU WILL FIND DETAILS OF MANY OF THE COURSES AND WORKSHOPS THAT ARE TAKING PLACE ACROSS THE REGION.

All the courses listed in this booklet are now on the new booking website

www.necoursefinder.org

including a brief course description. From the website you can book and pay for many of the courses or follow links to the organisers' websites and booking forms.

For further information about any of the courses, you can contact the relevant organiser directly using the details stated in this booklet.

The programme is a result of the four County Sports Partnerships and their partners working together to identify the needs of the sport and physical activity workforce across the North East.

The four North East County Sports Partnerships offer a variety of support services for clubs, coaches and volunteers, for example Tees Valley Sport has a Club Benefits Package that offers free places on generic courses to club members. To find out more about the support available in your sub region please contact the relevant organisation listed opposite.



October

October

November

December

January

February

March

Day/date	Course name	Venue/time	Cost (pp)*	Contact
Saturday 2	RSPH Level 2 Certificate in Food Hygiene	NCL House, Hexham 9.00am-3.30pm	£68	NCL Training 01434 613232 training@northcountryleisure.org.uk
Sunday 3, 10, 17, 24, 31 October, 7, 14, 21, 28 November, 5 December	Level 2 Gym Instructor (20 REPs points)	TBC	Full price £355 **Discounted £300	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Sunday 3, 10, 17, 24	Level 2 Aqua Instructor (16 REPs points)	TBC	Full price £160 **Discounted £130	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Monday 4	Emergency First Aid	Teesside University, Olympia Building, Room 1, Middlesbrough 6.00pm-9.00pm	£30	Tees Valley Sport 01642 342287 c.woods@tees.ac.uk
Tuesday 5	Valuing your Sports Volunteers	Durham County Council Offices, Dragonville, Durham 6.00pm-9.00pm	£20	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk

*All prices are per person.

**See online for more information

Visit www.necoursefinder.org to book online

October

Day/date	Course name	Venue/time	Cost (pp)	Contact
Thursday 7	Equity in your Coaching	Boldon Community Centre, South Tyneside 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Friday 8, Saturday 9, Sunday 10	SMBLA Trail Cycle Leader (Training)	Hamsterley 9.00am-5.00pm	£135	Pam Higgins 0191 2703000 pam.higgins@dofe.org
Saturday 9, 16, 23, 30 October, 6, 13, 20, 27 November, 4, 11, 18 December, 8, 15, 22 January	Level 3 Personal Trainer (20 REPs points)	TBC	Full price £675 **Discounted £550	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Monday 11	Safeguarding & Protecting Children	Gateshead International Stadium, Gateshead 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Tuesday 12	Emergency First Aid	Belle Vue Leisure Centre, Consett 6.00pm-10.00pm	£30	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk

October

October

November

December

January

February

March

Day/date	Course name	Venue/time	Cost (pp)	Contact
Wednesday 13	Role of a Volunteer Co-ordinator	The Parks Sports Centre, North Tyneside 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Sunday 17	Cyclenergy - Group Indoor Cycling (10 REPs points)	TBC	Full price £80 **Discounted £70	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Monday 18	Funding for your Club	Silksworth Community Pool, Tennis and Wellness Centre, Sunderland 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Tuesday 19	Emergency First Aid	Lightfoot Leisure Centre, Newcastle 5.30pm-9.30pm	£30	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Wednesday 20	Safeguarding & Protecting Children	Norton Sports Complex, Stockton 6.00pm-9.00pm	£20	Tees Valley Sport 01642 342287 c.woods@tees.ac.uk
Thursday 21	Safeguarding & Protecting Children	Durham University, Van Mildert College, Durham 6.30pm-9.30pm	£20	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk

Visit www.necoursefinder.org to book online

October

Day/date	Course name	Venue/time	Cost (pp)	Contact
Thursday 28	Emergency First Aid	Boldon Community Centre, South Tyneside 5.30pm-9.30pm	£30	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Thursday 28	How to Coach Disabled People in Sport	Durham County Council Offices, Dragonville, Durham 6.30pm-8.30pm	£20	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk
Friday 29	Business Essentials course for Coaches and Club Administrators	Gateshead Leisure Centre, Gateshead 10.00am-2.00pm	£40	GBSport 01952 201657 training@gbsport.org.uk
Saturday 30	Emergency First Aid	The Sporting Club of Cramlington, Northumberland 9.30am-1.30pm	£30	Northumberland Sport 01670 785021 stephen.parsons@northumberland.gov.uk
Sunday 31 October, 7, 14, 21, 28 November, 5, 12, 19 December, 2, 9 January	Level 2 Exercise to Music (20 REPs points)	TBC	Full price £355 **Discounted £300	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org

November

Day/date	Course name	Venue/time	Cost (pp)	Contact
Monday 1	An Introduction to the FUNDamentals of Movement	Durham University, East Gym, Durham 6.30pm-9.30pm	£20	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk
Thursday 4	Equity in your Coaching	Durham University, Collingwood College, Durham 6.30pm-9.30pm	£20	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk
Friday 5	Emergency First Aid	NCL House, Hexham 9.00am-4.30pm	£75	NCL Training 01434 613232 training@northcountryleisure.org.uk
Friday 5, Saturday 6, Sunday 7	Walking Group Leader (Assessment)	Thurston Outdoor Education Centre Times TBC	£245	Pam Higgins 0191 2703000 pam.higgins@dofe.org
Monday 8	Emergency First Aid	Silksworth Community Pool, Tennis and Wellness Centre, Sunderland 5.30pm-9.30pm	£30	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Tuesday 9, 16, 23	Level 3 Certificate in Nutrition and Weight Management (20 REPs points)	TBC	Full price £180 **Discounted £140	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org

November

December

January

February

March

Visit www.necoursefinder.org to book online



November

Day/date	Course name	Venue/time	Cost (pp)	Contact
Tuesday 9	Equity in your Coaching	Summerhill Visitors Centre, Hartlepool 6.00pm-9.00pm	£20	Tees Valley Sport 01642 342287 c.woods@tees.ac.uk
Thursday 11, Friday 12	Requalification of HSE First Aid at work (2 day)	NCL House, Hexham 9.00am-4.30pm	£140	NCL Training 01434 613232 training@northcountryleisure.org.uk
Monday 15	Emergency First Aid	Durham University, Van Mildert College, Durham 6.00pm-10.00pm	£30	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk
Tuesday 16	Challenging Behaviour in Sports	Kenton School Sports Centre, Newcastle 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Wednesday 17	Emergency First Aid	Norton Sports Complex, Stockton 6.00pm-9.00pm	£30	Tees Valley Sport 01642 342287 c.woods@tees.ac.uk
Saturday 20, Sunday 21	Single Pitch Award Climbing Qualification	Various NE 9.00am-6.00pm	£130	Pam Higgins 0191 2703000 pam.higgins@dofe.org
Monday 22	Coaching Disabled Performers	Gateshead International Stadium, Gateshead 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org

November

December

January

February

March

Visit www.necoursefinder.org to book online

November

Day/date	Course name	Venue/time	Cost (pp)	Contact
Monday 22	Safeguarding & Protecting Children	Swan Centre for Leisure, Berwick on Tweed, Northumberland 6.00pm-9.00pm	£20	Northumberland Sport 01670 785021 stephen.parsons@northumberland.gov.uk
Monday 22, Tuesday 23, Wednesday 24	HSE First Aid at Work (3 day)	NCL House, Hexham 9.00am-4.30pm	£175	NCL Training 01434 613232 training@northcountryleisure.org.uk
Tuesday 23	Safeguarding & Protecting Children	Belle Vue Youth & Community Centre, Hartlepool 6.00pm-9.00pm	£20	Tees Valley Sport 01642 342287 c.woods@tees.ac.uk
Wednesday 24	Safeguarding & Protecting Children	2D, Crook Business Centre, Crook, 6.00pm-9.00pm	£20	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk
Thursday 25	Sports Funding	Durham County Council Offices, Dragonville, Durham 6.30pm-8.30pm	£30	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk

December

Day/date	Course name	Venue/time	Cost (pp)	Contact
Wednesday 1	Club for All	The Parks Sports Centre, North Tyneside 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Wednesday 1	Safeguarding & Protecting Children	The Sporting Club of Cramlington , Northumberland 6.00pm-9.00pm	£20	Northumberland Sport 01670 785021 stephen.parsons@northumberland.gov.uk
Thursday 2	Emergency First Aid	East Durham Trust, Peterlee 6.00pm-10.00pm	£30	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk
Monday 6	Emergency First Aid	Gateshead International Stadium, Gateshead 5.30pm-9.30pm	£30	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Tuesday 7	Safeguarding & Protecting Children	Lightfoot Leisure Centre, Newcastle 6.30pm-9.30pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Wednesday 8	Positive Behaviour Management in Sport	Durham County Council Offices, Dragonville, Durham 6.00pm-9.00pm	£20	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk

December

January

February

March

Visit www.necoursefinder.org to book online

December

Day/date	Course name	Venue/time	Cost (pp)	Contact
Thursday 9	Emergency First Aid	Belle Vue Youth & Community Centre, Hartlepool 6.00pm-9.00pm	£30	Tees Valley Sport 01642 342287 c.woods@tees.ac.uk
Saturday 11, Sunday 12	Climbing Wall Assessment	Various NE walls 9.00am-5.00pm	£130	Pam Higgins 0191 2703000 pam.higgins@dofe.org
Monday 13	Club for All	Durham County Council Offices, Dragonville, Durham 6.00pm-9.00pm	£20	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk

January

Day/date	Course name	Venue/time	Cost (pp)	Contact
Monday 10	Safeguarding & Protecting Children	Silksworth Community Pool, Tennis and Wellness Centre, Sunderland 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Thursday 13	Funding for your Club	Eastbourne Sports Complex, Darlington 6.00pm-9.00pm	£20	Tees Valley Sport 01642 342287 c.woods@tees.ac.uk
Thursday 13	Emergency First Aid	Lamplight Arts Centre, Stanley 6.00pm-10.00pm	£30	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk
Saturday 15	Introduction to The Duke of Edinburgh's Award	Northumberland TBC 10.00am-4.00pm	£55	Stuart Graham 0191 2703000 stuart.graham@dofe.org
Monday 17	Emergency First Aid	Redcar Athletic Football Club, Green Lane, Redcar 6.00pm-9.00pm	£30	Tees Valley Sport 01642 342287 c.woods@tees.ac.uk
Tuesday 18	Developing Partnerships with Clubs & Schools	Durham County Council Offices, Dragonville, Durham 6.00pm-9.00pm	£20	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk

January

February

March

Visit www.necoursefinder.org to book online

January

Day/date	Course name	Venue/time	Cost (pp)	Contact
Monday 24	Equity in your Coaching	Silksworth Community Pool, Tennis and Wellness Centre, Sunderland 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Tuesday 25	Safeguarding & Protecting Children	Durham University, Van Mildert College, Durham 6.30pm-9.30pm	£20	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk
Thursday 27	Safeguarding & Protecting Children	Redcar Athletic Football Club, Green Lane, Redcar 6.00pm-9.00pm	£20	Tees Valley Sport 01642 342287 c.woods@tees.ac.uk

February

Day/date	Course name	Venue/time	Cost (pp)	Contact
Tuesday 1	Coaching Disabled Performers	Durham County Council Offices, Dragonville, Durham 6.00pm-9.00pm	£30	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk
Saturday 5, Sunday 6	ITC Level 2 Outdoor First Aid	Durham, Venue TBC 9.00am-6.00pm	£99	Pam Higgins 0191 2703000 pam.higgins@dofe.org
Monday 7	Emergency First Aid	Silksworth Community Pool, Tennis and Wellness Centre, Sunderland 5.30-9.30pm	£30	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Monday 7	Emergency First Aid	Dolphin Centre, Darlington 6.00pm-9.00pm	£30	Tees Valley Sport 01642 342287 c.woods@tees.ac.uk
Saturday 12	Coaching Children & Young People	Westfield Centre, Longhoughton, Northumberland 9.30am-12.30pm	£20	Northumberland Sport 01670 785021 stephen.parsons@northumberland.gov.uk
Saturday 12	SMBLA Trail Cycle Leader (Assessment)	Hamsterley 9.00am-5.00pm	£135	Pam Higgins 0191 2703000 pam.higgins@dofe.org

February

March

Visit www.necoursefinder.org to book online



February

Day/date	Course name	Venue/time	Cost (pp)	Contact
Sunday 13	SMBLA Trail Cycle Leader (Assessment)	Hamsterley 9.00am-5.00pm	£135	Pam Higgins 0191 2703000 pam.higgins@dofe.org
Tuesday 15	Emergency First Aid	Durham University, Van Mildert College, Durham 6.00pm-10.00pm	£30	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk
Monday 21	Funding for your Club	Gateshead International Stadium, Gateshead 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Monday 21	Safeguarding & Protecting Children	Eastbourne Sports Complex, Darlington 6.00pm-9.00pm	£20	Tees Valley Sport 01642 342287 c.woods@tees.ac.uk
Wednesday 23	Safeguarding & Protecting Children 2	The Parks Sports Centre, North Tyneside 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Saturday 26	Emergency First Aid	Choppington Social Welfare Centre, Northumberland 9.30am-1.30pm	£30	Northumberland Sport 01670 785021 stephen.parsons@northumberland.gov.uk

February

March

Visit www.necoursefinder.org to book online

February

Day/date	Course name	Venue/time	Cost (pp)	Contact
Saturday 26 February, 5, 12, 19, 26 March, 2, 9, 16, 23, 30 April	Level 2 Gym Instructor (20 REPs points)	TBC	Full price £395 **Discounted £340	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Sunday 27	Cyclenergy - Group Indoor Cycling (10 REPs points)	TBC	Full price £80 **Discounted £70	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Monday 28	Safeguarding & Protecting Children 2	Belle Vue Leisure Centre, Consett 6.30pm-9.30pm	£20	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk

March

Day/date	Course name	Venue/time	Cost (pp)	Contact
Tuesday 1	Equity in your Coaching	Kenton Sports Centre, Newcastle 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Thursday 3	Safeguarding & Protecting Children 2	NCL House, Hexham 6.30pm-9.30pm	£20	Northumberland Sport 01670 785021 stephen.parsons@northumberland.gov.uk
Saturday 5, 12, 19, 26 March, 2, 9, 16, 23, 30 April, 7, 14, 21, 28 May, 4 June	Level 3 Personal Trainer (20 REPs points)	TBC	Full price £790 **Discounted £650	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Monday 7	Club for All	Redcar Athletic Football Club, Green Lane, Redcar 6.00pm-9.00pm	£20	Tees Valley Sport 01642 342287 c.woods@tees.ac.uk
Tuesday 8	Emergency First Aid	Lightfoot Leisure Centre, Newcastle 5.30pm-9.30pm	£30	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Wednesday 9	Role of a Volunteer Co-ordinator	Longhirst Sports Bar, Morpeth, Northumberland 6.00pm-9.00pm	£20	Northumberland Sport 01670 785021 stephen.parsons@northumberland.gov.uk

March

Day/date	Course name	Venue/time	Cost (pp)	Contact
Saturday 12	Introduction to The Duke of Edinburgh's Award	Hartlepool TBC 10.00am-4.00pm	£55	Stuart Graham 0191 2703000 stuart.graham@DofE.org
Monday 14	Safeguarding & Protecting Children	Teesdale, Durham 6.30pm-9.30pm	£20	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk
Wednesday 16	Emergency First Aid	2D, Crook Business Centre, Crook 6.00pm-10.00pm	£30	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk
Thursday 17	Club for All	Boldon Community Centre, South Tyneside 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Monday 21	Equity in your Coaching	Swan Centre for Leisure, Berwick on Tweed, Northumberland 6.00pm-9.00pm	£20	Northumberland Sport 01670 785021 stephen.parsons@northumberland.gov.uk
Tuesday 22	Sports Funding	Durham County Council Offices, Dragonville, Durham 6.30pm-8.30pm	£30	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk

March

Day/date	Course name	Venue/time	Cost (pp)	Contact
Thursday 24	Safeguarding & Protecting Children	Boldon Community Centre, South Tyneside 6.00pm-9.00pm	£20	Tyne & Wear Sport 0191 4972320 info@tynewearsport.org
Saturday 26	First Responder First Aid (Community First Aid)	Venue TBC 10.00am-4.00pm	£40	Pam Higgins 0191 2703000 pam.higgins@dofe.org
Monday 28	Equity in your Coaching	2D, Crook Business Centre, Crook 6.00pm-9.00pm	£20	County Durham Sport 0191 3018683 catherine.watson@durham.gov.uk
Wednesday 30	Emergency First Aid	Teesside University, Olympia Building, Middlesbrough 6.00pm-9.00pm	£30	Tees Valley Sport 01642 342287 c.woods@tees.ac.uk