



Enroll now for the THE GET ACTIVE NORTHUMBERLAND SUMMER HOLIDAY PROGRAMME.

This is a Free Programme for children who would like to Change4Life. Learning about eating well, taking part in cooking and fun physical activity.



Limited free places are available to children aged 7-13 years. Interested children and young people will need to be accompanied by an adult for part of the programme and will be asked to attend an induction appointment to assess whether they are suitable for the programme.

To find out more information please contact
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