

Blyth Valley Borough Council, Northumberland Children's Fund and Northumberland Sport have come together in a special partnership to bring the best in sporting opportunities to young disabled people in Blyth Valley.

If you've always wanted to try rock climbing, sailing, boccia, football, dance, canoeing, swimming or any other kind of adventurous sporting activity, then Adam Dixon, the project's Coach, is here to help you. Just contact him by phone or send him the form overleaf, and he'll do his very best to help you access the sport you want to try, safely and effectively. Our aim is to ensure you have lots of fun too!



our project:

This project has been set up in order to:

- Get more children playing sport and physical activity
- Open doors for young people to join mainstream clubs
- Introduce new and exciting activities for the children
- Provide support and information for participants, coaches and clubs

are you eligible?

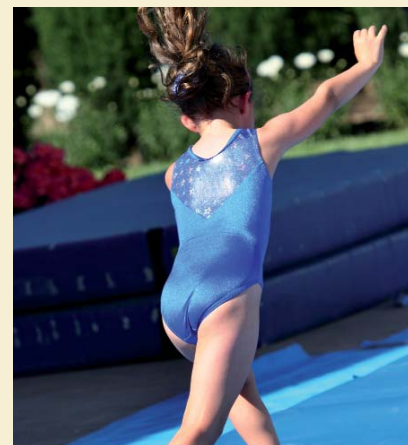
If you are a young disabled person, with any level of sporting ability, and you would like to access sporting opportunities organised in South East Northumberland, in particular Blyth Valley, then this project is for you.

what activities can you get involved in?

The choice is up to you...

3 Times Paralympic Gold Medallist, Stephen Miller says:

“Enjoy sport, it's great, do it for the love of it. If you find a sport you are good at then stay focused on yourself, don't worry about other people”



If you want to get involved in new and exciting activities call Adam on 01670 367286 or send your details to: **Adam Dixon, Blyth Sports Centre, Bolam Park, Blyth, Northumberland, NE24 5BT**, and we'll be in touch.

Name _____

Age _____

Address _____

Tel No _____

What activities would you like to have a go at? _____



contact

For more information please contact Adam Dixon on

Tel: **01670 367 286**

E-mail: adixon@blythvalley.gov.uk



ability to play

supporting children with disabilities to reach their potential through sport

