

**Interview with Peter Troughear from North Seaton, Ashington**  
**Date: 22<sup>nd</sup> September 2009**

I played football for 23 years, from the age of 13, commencing with my school teams and also South East Northumberland County Football. I then progressed as an adult into more competitive football playing for local teams in the Morpeth Sunday Football League and Port of Blyth & Wansbeck Football League, until finally retiring at the age of 36 years whilst playing for Ashington AFC Reserve Sunday League Team.

I thought my involvement with football would be possibly final, but, I became involved with Recruit into Coaching this year and then with their fantastic support and valued advice I decided to get involved with football again with the idea of becoming an FA Coach.

Recruit into Coaching has given me advice on available courses and training and with the funding available I have enrolled on a 1st4Sport Level 1 Club Coach Award Course which I may never have achieved without the funding and advice.

I am hoping to achieve, in time, the Level 1,2 and 3 in Football Coaching and eventually coach young people and children, and support and encourage them in their self development of skills and experience and achieve success in football, whilst making it enjoyable and fulfilling for them. My ambition is also to coach with a local league football club and coach around the County and in schools.

Thanks to Recruit into Coaching my dreams and aspirations in Football are now possible and achievable due to their excellent support, advice and available funding.

Peter H Troughear