

Useful Websites for <b>Physical Activity</b> and <b>Physical Education</b>		
Physical Education and School Sport web addresses	Link	Content
<a href="http://npess.co.uk">http://npess.co.uk</a>	Northumberland L.A. PE and School Sport website.	The NPES website is a professional resource site designed by the School Improvement Team within Northumberland County Council. It provides guidance, support, resources and information on Physical Education, School Sport (PESS), PA and CPD opportunities in Northumberland
<a href="http://curriculum.qca.org.uk/">http://curriculum.qca.org.uk/</a>	QCA website for the new curriculum	Updates, why it has changed, case studies, links to subjects / support materials
<a href="http://www.standards.dfes.gov.uk/schemes2/phe/?view=get">http://www.standards.dfes.gov.uk/schemes2/phe/?view=get</a>	National curriculum site	QC PE schemes of work and medium term plans (contains old core tasks)
<a href="http://www.bst.org.uk">www.bst.org.uk</a>	Sports Leaders UK Awards Includes Young Leader award	Available awards, Tutor downloads, learning outcomes & assessment criteria
<a href="http://www.afpe.org.uk">www.afpe.org.uk</a>	National Association for Physical Education (AfPE) Purpose: to promote & maintain high standards & safe practice in all aspects and at all levels of physical education, influencing developments PE at national and local levels.	Provides details of <b>quality assured</b> services, resources & valuable professional support for members and the teaching profession through a range of high quality CPD opportunities, regular updates, advice, insurance cover and dedicated helplines for health & safety and legal advice. National guidance, advice, CPD opportunities et
<a href="http://www.talentradder.org">www.talentradder.org</a>	Youth Sport Trust site linking to Gifted and Talented guidance and quality standards. The site is aimed at talented performers in sport, their teachers, coaches and parents.	The Talent Ladder website provides information and resources that will be able to help guide and provide support for Talented young performers in sport. Useful sections on what schools can do to support the four pillars that make up the JAE Framework, how they can implement that support using JAE Talent Support
<a href="http://www.culture.gov.uk/about_us/sport">www.culture.gov.uk/about_us/sport</a>	Talented Athlete scholarship scheme (TASS)	Information on TASS Scholarships & Bursaries,
<a href="http://www.qca.org.uk/qca_831.aspx">http://www.qca.org.uk/qca_831.aspx</a>	QCA PESS investigation looking at of improving the quality of PESS exploring the difference that high quality PESS can make to young people & their schools	Since 2000, QCA has been working with primary, secondary, special schools and partnerships across England to develop: case studies and success stories on Raising standards, curriculum development, evaluating impact, improving behaviour, developing healthy lifestyles, increasing participation, core tasks, KS 3 and 4 innovation etc
<a href="http://www.teachernet.gov.uk/teachingandlearning/subjects/pe/">http://www.teachernet.gov.uk/teachingandlearning/subjects/pe/</a>	<b>(PESSYP)</b> Physical Education, School Sport and Young People national strategy.	Information on PESSYP national strategy, PE safety poster, Activemark, Sportsmark & Sports Partnership Mark criteria, Dance & the National Sports Strategy Guidance, Primary playground development, lesson plans with Olympic theme. Schl/Club Links
<a href="http://www.youthsporttrust.org.uk">www.youthsporttrust.org.uk</a>	Youth Sport Trust website – TOPClubability, Sportsability TOPs Clubs: 3-5, 4-9, 7-11, 14-16 National PESS Professional Development Programme	Details of all YST programmes i.e. For disabled young people 11-18 multiskills Site has an Inclusion section for Gifted & Talented, SEN etc Step into Sport, Playground Leadership pack
<a href="http://www.tes.co.uk/resources/home.aspx">http://www.tes.co.uk/resources/home.aspx</a>  PE section : <a href="http://www.tes.co.uk/section.aspx?navcode=417">http://www.tes.co.uk/section.aspx?navcode=417</a>	TES Resource Bank	FREE RESOURCES FOR TEACHERS BY TEACHERS where you can share materials with other teachers recommend your favourite teaching resources, rate & review other teachers' contributions. You can also upload & download files
<a href="http://www.primaryresources.co.uk/pe">www.primaryresources.co.uk/pe</a>	Online lesson plans & resources	Downloadable plans and activities for many areas of the curriculum
<a href="http://getset.london2012.com/en/home">http://getset.london2012.com/en/home</a>	<b>Get Set</b> 2012 London Olympics Educational materials resources and projects	Get set is an interactive website involving children and young people in the excitement and inspiration of the Games.
<a href="http://www.peworld.org">www.peworld.org</a>	This is PE World, a website designed for people studying and teaching Physical Education and Sports Science	Designed and run by PE teachers, college lecturers and sports coaches the site has grown and seen steady increases in the material it offers students studying GCSE and A-Level Physical Education and BTEC Sports Science courses in the UK.
<a href="http://www.yde.org.uk">www.yde.org.uk</a>	Dance links	In resources section good links to dance related sites

<a href="http://www.teachers.tv">www.teachers.tv</a> Physical Education – get physical : <a href="http://www.teachers.tv/pe">http://www.teachers.tv/pe</a>	A CPD resource full of inspirational ideas and programmes to help teachers in both primary and secondary schools.e.g.Healthy Primary School & Healthy Secondary School	Containing excellent 12 -15 minute programmes showing case studies of how schools have used innovative strategies / tried and tested practical ideas in PE and P.A. to effect whole school improvement .
<a href="http://www.1st4sport.com">www.1st4sport.com</a>	Latest resources and publications to order	Coach wise 1st4sport is a one-stop shop for sports coaching, training and physical education resources. Commercial publications ,resources e.g.Safety in PE
<a href="http://www.thedavidbeckhamacademy.co.uk/uk/">http://www.thedavidbeckhamacademy.co.uk/uk/</a>	David Beckham School Zone site	For 7-14 year olds, health & fitness related quizzes and games. Football related fitness – print out, whiteboard or online
<b>Physical Activity web addresses</b>	<b>Link</b>	<b>Content</b>
<a href="http://www.healthyschools.gov.uk">www.healthyschools.gov.uk</a>	Writing a Physical Activity Policy Non statutory guidance – additional material to support PA booklets	'Making the case' powerpoint, examples of Physical Activity diaries, questionnaires, monitoring sheets, surveys ,P.A. toolkits and guidance
<a href="http://www.sportengland.org">www.sportengland.org</a>	Sport England News + media	Good source of information and links to other sites. Information on available resources relating to Physical Activity & Health ,funding streams,
<a href="http://www.bhf.org.uk/youngpeople">www.bhf.org.uk/youngpeople</a>  and the new  <a href="http://www.bhf.org.uk/cbhf/">http://www.bhf.org.uk/cbhf/</a>	Jump rope for Heart Active Playground Thinkfit! Get the kids on the go Junior Golf Artie's Olympics Artie Beat Club	Events, free resources, suggested activities: Pocket Play Pack, Active schools resource pack, Healthy Heart Planner, Put your Heart into Walking  Powerpoint presentation including benefits of investing time and resources in promoting physical activity to staff. The CBHF site for 7 -11 yr olds is packed full of exciting games, brilliant activities and interesting information. It's all about you and what you can do to keep your heart in tip top condition.
<a href="http://www.bhfactive.org.uk/young-people/training.html">www.bhfactive.org.uk/young-people/training.html</a>	British Heart Foundation National Centre for Physical Activity and Health Active Club	Active School Resource Cards and training for school clubs. Sections on young people, Current, Publications, Research & Evidence, References, Links & Useful Websites, Training, Evaluation, Jump Rope For Heart
<a href="http://www.playgroundfun.org.uk">www.playgroundfun.org.uk</a>	Games to play – by children for children	Interactive site – add your own versions, vote for favourite games e.g. Building games, Favourite games, Ideas for play Accessibility
<a href="http://www.healthmatterseducation.co.uk/Splash.html">http://www.healthmatterseducation.co.uk/Splash.html</a>	Health Matters and busy feet resources and CPD opportunities	Information on excellent Health matters & busy feet resources focussing upon the physical activity and food themes. Recently delivered by Author Vicky Bowen for Northumberland Healthy Schools
<a href="http://www.cyq.org.uk">www.cyq.org.uk</a>	Central YMCA's awards site	Cross curricula resources and YMCA awards i.e Introductory Certificate in Exercise & Fitness Instructing ; NGB Awards ;Level 1 Award in Sports Leadership & Lifestyle Management
<a href="http://www.dcseducation.org">www.dcseducation.org</a> – follow links to subject areas - PE	Take 10 (Primary) Leap into Life (FS & KS1), PE Leadership, Playground markings,	Take 10 provides six themed activity sets. Each theme provides a range of age-related ideas to motivate pupils and sustain activity whilst having lots of fun.
<a href="http://www.schoolsonthemove.co.uk">www.schoolsonthemove.co.uk</a>	Schools on the Move is a school-based x curricular pedometer promotion for 9-13 year olds, designed to encourage pupils to become more active.	This website offers a variety of interactive features, ideas and support materials, for pupils, teachers and health professionals working with schools, demonstrating how areas of school life can play a positive role in encouraging young people to be more active.
<a href="http://www.walktoschool.org.uk">www.walktoschool.org.uk</a>	Walk to school week (May) WoW (Walk once a Week) etc	Full of great resources & ideas supporting drive towards more active and safer routes to schools. The resources we have developed are looking fantastic and you can order them from now until 27th March.
<a href="http://www.bikeweek.org.uk">www.bikeweek.org.uk</a>	Bike Week	Resources and goodies for Bike Week, links to many other cycling websites /contacts
<a href="http://www.sustrans.org.uk">www.sustrans.org.uk</a> <a href="http://www.saferoutestoschools.org.uk">www.saferoutestoschools.org.uk</a> <a href="http://www.directgov.gov.uk">www.directgov.gov.uk</a>	Links to schools Safe routes to school	Information, guidance, Case studies, free resources for bike Week . safe routes to school using your postcode

<a href="http://www.whi.org.uk">www.whi.org.uk</a>	Walking the way to health	Staff, Parents. National Step o Meter Programme, local walking schemes, health benefits
<a href="http://www.safe-kids-walking.com/walking_bus.html">www.safe-kids-walking.com/walking_bus.html</a> <a href="http://www.brightkidz.co.uk/index.html">http://www.brightkidz.co.uk/index.html</a>	WoW (Walk on Wednesdays)	How to set up, top tips, Park & Stride . Safe visible walking tips for children
<a href="http://www.activeplaces.org">www.activeplaces.org</a>	Sport England's Active Places	This website allows you to search for sports facilities any where in England by a number of different ways. You can browse an interactive map of the country, search for facilities in your local area, use the name and address of a specific facility to find out more info`
<a href="http://www.dft.gov.uk">www.dft.gov.uk</a>	Walking and Cycling links to schools, THINK! Road safety Sustainable walking buses	Department of health website containing Facts and figures, statistics, resources, guidance on car seats, travel plans. Safer routes to school
<a href="http://www.awardsforall.org.uk">www.awardsforall.org.uk</a>	Funding	Grants £300-£10,000 for promoting healthy eating and exercise. N.B.New application details available on this site from 1 <sup>st</sup> April 2009
<a href="http://www.asthma.org.uk">www.asthma.org.uk</a>	School Asthma Pack, School Zone, Out There And Active AAAH!!! Project Resource Pack	Resources, events, information, news
<a href="http://www.kickasthma.org.uk">www.kickasthma.org.uk</a>	Interactive website for children with asthma	Advice, games, information, message board
<a href="http://www.sainsburys.co.uk/activekids">www.sainsburys.co.uk/activekids</a>	Sainsbury's Free equipment – voucher scheme	Fund raising ideas for PTA's etc Info about the Active kids scheme
<a href="http://www.everychildmatters.gov.uk">www.everychildmatters.gov.uk</a>		National requirements for learning about healthy lifestyles